

# QUALITIES OF A COUNSELLORS

*Being nonjudgmental and accepting are important attributes in any of the or Marriage and Family Therapist A. PsychCentral: Characteristics of.*

The management of agencies offering counselling and related activities is another progression possibility. Very very useful and knowledgeable, I counsel youth in my church and always love to read your article. Need an employment in any part of East Africa. Flexibility Flexibility in counseling is defined as the ability to adapt and change the way you respond to meet your clients' needs. Concreteness is an aspect of communication that means being specific, definite, and vivid rather than vague or general. Then the counselor must qualities of good personality, good character and wholesome philosophy, health, emotional stability, approachability, sympathetic understanding of youth, intelligence, social culture, broad knowledge and interest in guidance and personal working conditions and understanding of social economic conditions. Every normal human being has a desire to be respected, recognized and accepted. I live in Walthamstow in east london. Philosophy of life 8. The Association of Counsellor Education and Supervision USA indicated that the Counsellor should have six basic qualities: belief in each individual commitment to individual human values alertness to the world open mindedness understanding of self professional commitment George, R. I am a student counsellor just about to start the second year of level 4 diploma and need a placement as soon as possible in Kent or Medway. The British Association of Counselling and Psychotherapy BACP recommend a three-step process to qualification Counselling training You don't need a degree to train to be a counsellor as there are separate training courses available. Keep on with the good work. A good counsellor must have the knowledge of mental hygiene and the skill to interpret psychological tests. It involves showing complete support and acceptance of a person no matter what they say or do. I'm a 4th year Social work student in S. I would be delighted if you could point me in the right direction. To be effective in their roles, counselors should enjoy helping others and possess specific attributes and skills. An experienced counsellor might say, it sounds as if you are uncertain about whether you can really trust me and this relationship. But professional counselors must be able to "start where the client is at. The attire of the counsellor also make a differences, clothes should be clean, neat and professional looking but not call attention to themselves. I already have one placement but I need more hours as I need to do hour placement. Find out more See what the social care sector has to offer. They help people with relationship issues, family problems, job stress, mental health disorders such as depression and anxiety, and many other challenging problems that can impact feelings of well-being and happiness. Empathy Counselors help people through some of the most difficult and stressful times of their lives. Marak - Sep AM I am a 23yr old kenyan having completed diploma in social work and community development. I would be glad if you can recommend any for me. Brooks Cole, California Pelling N. But counselors must have excellent problem-solving skills to be able to help their clients identify and make changes to negative thought patterns and other harmful behaviors that might be contributing to their issues, says Dr. Counselling is a profession that attracts people who have developed an understanding of themselves, who practise a high level of empathy and have the basic desire to help others. Thank You. What was the course content like and how demanding was the homework how many hours. However, i just need your advice about what should i do to becomes a professional counselling And also to be comes eloquently in speaking english? They must give their undivided attention to clients and be able to cultivate trust. References 4. They must display multicultural competency and adopt a multicultural worldview, says Hutchinson. Any advice would be really helpful. Another option is to use your knowledge and counselling skills to move into settings such as teaching and social work. Higher-level qualifications, such as Masters courses accredited by BACP are available and study at this level could give you a head start in the hunt for work, as it demonstrates your commitment to the profession and highlights your breadth of experience. As counselling is one of the caring professions, warmth and social skills are critical for building relationships with people from all walks of life. Conclusion An important quality of a counesllor is that he like and respects himself, but he does not use the counsellee to satisfy his own needs. Counselors need to have a natural ability to listen and be able clearly explain their ideas and thoughts to others. I extended my multiple appreciated to every counsellor and i also recomending them all. You could find work in hospitals, GP surgeries, community and occupational healthcare teams helping clients with a

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range of problems. Counselors need to be able to place all of their focus on what their clients are saying and avoid being distracted by their own personal problems or concerns when they are in a session.